

## FACTORS STRENGTHENING MARRIAGE: A REVIEW ON WHAT BINDS COUPLES TOGETHER

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### **ABSTRACT**

*In the face of increasing contact with the western world, we find that many new trends are shaping up in India while at the same time many trends seem to be losing their value. As evident from the growing divorce rates, the institution of marriage seems to be losing its sanctity. Moreover, we find various emerging trends that are slowly replacing marriage. However, they are unable to provide the comfort and security that humans as social beings seek. Therefore it is important to have a look at the factors that are helpful in sustaining a marriage in this era of transition. This research aims to highlight the factors that strengthen the relationship among married couples so that the youth can look forward to reasons for getting married, rather than seeking its alternatives. These findings can help in retaining the validity of the institution of marriage which appears to be losing its significance in the fast changing scenario.*

**KEYWORDS:** Marriage, Relationship, Security. Youth